



M&M Weekly News

January 22-26, 2018

INSIDE THE CLASSROOM

- This week we focused on being healthy. We did exercises on the yoga mat and made healthy food plates by picking out our favorite fruits and veggies. We talked about healthy recipes we could make with our families!
- We had a blast using the anatomy apron and figuring out where our body parts belong.
- As part of our Second Step Social and Emotional lesson, we practiced naming our feelings, the second step in calming down. We practiced how to put our hands on our tummies and say "stop!".
- We practiced the letters R and K using roll-a-dough, wood pieces and in our *Get Set for School Books*. We also practiced their sounds during show and tell. These were our first letters using diagonal lines so we practiced sliding our lines on a slant.
- M&M funny quote of the week: "Miss Angelique, I forgot batteries are not concluded".

Our Farm Friends

We had so much fun this week with our Farm Friend Jack the Rabbit! Not only did the children get a surprise visit from Jack in their classroom on Monday and Tuesday, the children got to visit Jack and our pig and goats in the barn!

Home Connection:

See this week's Second Step Home Link 15 Naming Feelings attached to our email.

SHOW & TELL: Next Week's Letter of the week is "A". Please have your child bring a Show & Tell item from home that begins with the letter A on Wednesday and Friday.

Important Dates:

February 3 - New Family Registration

February 13-14 Valentine's Parties

February 19 - No School (President's Day)

March 26-30 - No School (Spring Break)

Valentine's Party

Sign-up Genius requests for the Valentine's Party were sent via email. Thank you so much to those who have already signed up to donate items!