



# M&M Weekly News

January 8-12, 2018

## INSIDE THE CLASSROOM

- We welcomed everyone back and "blasted" into the new year with our outer space theme! The children had so much fun dressing up in astronaut costumes complete with moon boots and going for a ride in the space rocket in our dramatic play area.
- We also had fun learning the letters D and P in our Get Set for School Activity Book and with our show and tell items from home.
- Our Social and Emotional Lesson this week was about how we can feel worried and how that makes our body feel (uncomfortable stomach, fast heartbeat, etc.) We learned that even though everyone worries sometimes, there are things we can do to help us feel better, like taking a belly breath or talking to a grown up.

## Farm Friends

We visited with Jack the Rabbit in the barn this week. Jack is our featured farm friend this month.

We are starting our investigative process by asking the children what they already know about rabbits and what they want to know about rabbits as we go on a journey to get some answers. Next week Jack will be visiting the children in the classroom!

## Home Connection:

See this week's Second Step Home Link 13 We feel feelings in our bodies attached to our email.

**SHOW & TELL:** Next Week's Letter of the week will be "B". Please have your child bring a Show & Tell item from home that begins with this letter on Wednesday and Friday.

## Important Dates:

January 15 - No School (M.L. King Day)  
January 22-26 Happy Valley Spirit Week  
February 13-14 Valentine's Parties  
February 19 - No School (President's Day)

## Valentine's Party

Please review the Valentine Party Information communication attached to our weekly newsletter email and be on the lookout for our sign-up genius request for Valentine party donations that will be sent next week.

THANK YOU!!