



### Lesson Time

Your child is learning to solve problems. The first Problem-Solving Step is, “Say the problem.” Use words to say what the problem is.

Your child is also learning to calm down strong feelings before solving problems.

Knowing how to use words to solve problems instead of hitting or grabbing helps your child get along with others and learn at home and at school.

### Play Time

Play a game with your child to practice using words to describe simple problems.

Say: **We’re going to play What’s the Problem? I’m going to try to do something. But there will be a problem! Use your words to tell me what the problem is.**

Make up your own problems or use these:

- Put water in a bowl. Then use a fork to try to sip it.
- Try to open a can with a spoon.
- Try to fit a large utensil into a too-small container.
- Try to put your right shoe on your left foot.

### Story Time



Nora

Talik

This week’s story is about Nora and Talik. Nora wants the dump truck, but Talik got it first. They are arguing. Nora wants to grab it. Ask your child about this story.

- **What do you see in this photo?**
- **Before Nora and Talik try to solve their problem, what should they do?** (Calm down their strong feelings.)
- **What is the first step they should take to solve their problem?** (Use their words to say what the problem is.)

**Now let’s pretend we are Nora and Talik. What words can we use to say our problem?** (We both want to play with the dump truck.)